

2009-2010 Schedule

As of: April 3, 2010

Date	Type	Meet
September 2009		
5-6		
7		Labor Day
12-13		
15-20	USA-S	National Convention @ Chicago, IL
19-20		
26-27	Closed	WAC Invitational (WAC, US, ODAC, BAC) @ FEAC
October 2009		
2	VSI	Board Meeting
3	VSI	Swimposium & Committee meetings
4	VSI	HOD Meeting & VSI Annual Awards Banquet
10	Closed	ODAC 8&Y Invitational (ODAC, TIDE, TAC, VYAC) @ GS&RC
10	Closed	CGBD 8&Y Invitational (CGBD, SEVA, WAC) @ FEAC
10-11	LSC	LY A/BB/B/C Mini Meet @ Jamerson YMCA
10-11	LSC	NOVA Age Group (12&Y) Meet @ NAC
16-18	LSC	NOVA Senior (13&O) Meet @ NAC
16-18	LSC	SEVA A/BB/B/C Meet @ MAC
17-18	LSC	PSDN A/BB/B/C Meet @ ACAC (Cancelled)
17-18	LSC	QDD A/BB/B/C Mini Meet @ GMU-Manassas
23-25	LSC	GATR A/BB/B/C Mini Meet @ GAC
30-1	LSC	NOVA BB/B/C Mini Meet @ NAC
31	LSC	STRM A/BB/B/C Meet @ TCP
31-1	LSC	WAC A/BB/B/C Meet Meet @ FEAC
November 2009		
6-8	Closed	NOVA Senior Invitational (CUBU,RSA, NOVA) @ NAC
7	Closed	SEVA 8&Y Invitational (SEVA, CGBD, WAC) @ FEAC
7-8	LSC	PWSC A/BB/B/C Mini Meet @ GMU-FC
13-15	LSC	CGBD A/BB/B/C Mini Meet @ MAC
13-15	LSC	HOKI Invitational @ Dedmon Center
14	Closed	ODAC 8&Y Invitational (ODAC, TIDE, TAC, VYAC) @ GS&RC
14-15	LSC	PSDN A/BB/B/C Meet @ ACAC
14-15	LSC	RPST A/BB/B/C Meet @ St Michaels High School (formerly RPSC)
14-15	Closed	SEVA A/BB/B/C Invitational (OBX, SEVA, VACS, & TCAC) @ FEAC
21-22	LSC	SMAC Age Group Meet @ Waynesboro YMCA
21-22	Closed	Eastern States Senior Circuit Meet hosted by SHKS @ GMU-FC
26		Thanksgiving
28-29		

December 2009

3-5	USA-S	Short Course National Championships @ Federal Way, WA
4-6	LSC	NOVA B/C Meet @ NAC
5-6	SE	WAC B/C Meet @ FEAC
5-6	LSC	GATR BB/B/C Mini Meet @ GAC
5-6	LSC	STRM A/BB/B/C Meet @ TCP (Cancelled)
5-6	LSC	SHKS B/C Mini Meet @ St Michaels High School (formerly RPSC)
10-12	USA-S	Short Course Junior National Championships @ Columbus, OH
12	Closed	ODAC 8&Y Invitational (ODAC, TIDE, TAC, VYAC) @ GS&RC
11-13	LSC	SEVA 12&Y Christmas Champs (P/F)
11-13	LSC	VSTP A/BB/B/C Meet @ GMU-FC
19-20	LSC	VAST A/BB/B/C Meet @ JMU (Cancelled)
25		Christmas
26-27		

January 2010

1		New Year's
2-3	North	BASS A/BB/B/C Meet @ Woodberry Forest
3	VSI	Board of Directors Meeting
8-10	LSC	NOVA BB/B/C Mini Meet @ NAC
9-10	Closed	Lynchburg YMCA invitational
9-10	LSC	TIDE A/BB/B/C Meet @ ODU
16-17	SE	WAC A/BB/B/C Meet @ FEAC (Cancelled)
23-24	LSC	OBX Age Group Meet @ FEAC (Cancelled)
23-24	LSC	QDD A/BB/B/C Mini Meet @ GMU-Manassas
23-24	LSC	STRM A/BB/B/C Meet @ TCP
23-24	LSC	WAC-OBX A/BB/B/C Mini Meet @ FEAC
30	Closed	CGBD 8&Y Invitational (CGBD, SEVA, WAC) @ FEAC (Cancelled)
30-31	SW & N	BASS A/BB/B/C Meet @ Woodberry Forest
31	LSC	BAC 1500 Freestyle Meet @ BS&RC (Cancelled)

February 2010

5-7	SE	ODAC Age Group Meet @ ODU
5-7	LSC	GATR A/BB/B/C Mini Meet @ GAC (Cancelled)
7	LSC	NOVA BB+ Meet @ NAC
12-13	LSC	NOVA BB+ Meet @ NAC
13	Closed	ODAC 8&Y Invitational (ODAC, TIDE, TAC, VYAC) @ GS&RC
13-14	LSC	GATR A/BB/B/C Mini Meet @ GAC
19-21	District	District Championships
	SE	Southeast District Champs (Host: SEVA; Venue: MAC)
	Central	Central District Champs (Host: NOVA; Venue: NAC)
	North	North District Champs (Host: PWSC; Venue: Chinn)
	SW	Southwest District Champs (Host: CCA; Venue: CAC)
26-28	Region	Region Championships
	NV	Northern Virginia Region Champs (Host: QDD; Venue: GMU-Manassas)
	BR	Blue Ridge Region Champs (Host: LY; Venue: Jamerson YMCA)
	TW	Tidewater Region Champs (Host: CGBD; Venue: MAC)

March 2010		
4-7	LSC	SC Senior Champs (Host: RAYS; Venue: UVA)
7	VSI	Board of Directors Meeting
TBD	LSC	RAYS Pentathlon @ St. Michaels High School (formerly RPSC) (Cancelled)
18-21	LSC	SC Age Group Champs (Host: SHKS; Venue: GMU-FC)
25-28	EZ	Eastern Zone Region 2 Sectional Championships @ Germantown, MD
26-27	Closed	NOVA Age Group (14&Y) Invitation (SQST, NOVA, TIDE, VACS, SHKS, LY, SMAC, MOR, BAS) @ NAC
27-28	LSC	VAST Odd Age Group Meet @ JMU
27-28	LSC	SEVA LC Invitation (Open by invitation)
April 2010		
1-3	EZ	Eastern Zone SC Age Group Championships @ Webster, NY
3-4		
7-11	FINA	FINA SC World Championships @ Dubai, UAE
10-11		
16-18	North	SHKS IMX Meet @ St. Michaels High School (formerly RPSC) (Cancelled)
17-18		
24-25	VSI	Leadership & Education Weekend (Board of Directors Meeting)
25	VSI	Leadership & Education Weekend (House of Delegates & Elections)
May 2010		
30-2	LSC	TAC A/BB/B/C Meet @ MAC
1-2	LSC	QDD Jeff Rouse Invitation @ GMU-Manassas
1-2	LSC	HOKI A/BB/B/C Meet @ CAC (Cancelled)
8-9		
15-16	LSC	TIDE A/BB/B/C Meet @ FRP
22	LSC	Open Water Swim Meet @ Lake Anna
22-23		
29-30		
31		Memorial Day
June 2010		
5-6	LSC	OBX A/BB/B/C Meet @ MAC
5-6	LSC	HOKI A/BB/B/C Meet @ CAC
12-13		
18-20	LSC	SMAC A/BB/B/C (VA Commonwealth Games) @ WMP
25-27	LSC	WST LC Invitation @ Jim Barnett Park
25-27	LSC	CGBD LC Invitation (P/F) @ MAC
25-27	LSC	LY A/BB/B/C Meet @ Miller Park Pool
July 2010		
3-4		
4		Independence Day
10	LSC	VSI Open Water Championship (Host: NOVA; Venue: Chris Greene Lake)
16-18	TBD	Regional Summer Awards (Host: RAYS; Venue: GMU-Manassas)
16-18	TBD	Regional Summer Awards (Host: SEVA; Venue: BMAC)
22-25	LSC	LC Senior Championships
29-1	LSC	LC Age Group Championships (Host: HOKI; Venue: CAC)

August 2010

3-7	USA-S	National Championships @ Irvine, CA
5-8	EZ	Eastern Zone Super Sectional Championships @ TBD
7-8		
9-13	USA-S	Junior Championships @ Irvine, CA
9-13	EZ	Eastern Zone LC Senior (15&O) Championships @ TBD
11-14	EZ	Eastern Zone LC Age Group Championship @ TBD
14-15		
21-22		
28-29		
29	LSC	VSI Board of Directors Meeting