

April 17, 2011

Senior Committee Agenda:

1. Review of Short Course Senior Champs and overview of VSI senior swimming performance during SC season.
2. Review of Long Course Senior Champs meet invitation and cost structure
3. Sr Champs Qualification Standards for 2012
4. Draft proposal for Sr Circuit meets in VSI
5. Request for nominations for next Senior Vice Chair
6. Funding mechanism for Sr Champs (and Age Group Champs)
7. Open floor

Short Course Senior Champs

Meet Referee: **Jim Frye**

Host Team: **Sharks**

Change from last year: Added bonus event.

Athletes: 451 (12 less than last SC Sr Champs)

Entries: 1911 (127 more...)

Relays: 251 (2 more...)

Time trials: 103 (9 more...)

New LSC Records

USA Swimming Short Course Nationals – December 2010

- **Kann Tayla** (HOKI) set a new LSC record in the Open 50 Freestyle with a time of 20.19.

VSI Senior Championships – March 2011

- **Madison Hahn (ODAC)** broke the LSC Record in the 15-16 100 Back with a time of 55.37, eclipsing her old mark of 55.55 set last year.
- **QSTS Girl's 200 Free Relay** (Kaitlin Jones, Meredith Vay, Kayla Iverson, Caroline Buscaglia) 1:34.12. Old time 1:34.96 (NOVA) from 2009,
- **QSTS Girl's 400 Free Relay** (Caroline Buscaglia, Meredith Vay, Kayla Iverson, Kaitlin Jones) 3:24.27. Old time 3:26.15 (NOVA) from 2009.

NCSA Junior Nationals – March 2011

- **Amanda Carner** (CGBD) set a new LSC Record in the 17-18 200 Backstroke, with a time of 1:56.72, which bested the previous record, 1:56.92, set by Kerry O'Hanlon (NOVA) in 1992. This is also a new Open 200 Backstroke record, besting the previous record, 1:56.92, set by Kerry O'Hanlon (NOVA) in 1992.
- **Blair Carnes** (NOVA) set a new LSC Record in the 15-16 200 Breaststroke, with a time of 2:10.99, which bested the previous record, 2:11.54, set by Rebecca Rainer (NOVA) last year.
- **Madison Hahn** (ODAC) set a new LSC Record in the 15-16 100 Backstroke, with a time of 54.83, which bested her previous record, 55.37, set earlier this year.
- **Emma Nunn** (NOVA) set a new LSC Record in the 17-18 200 Butterfly, with a time of 1:56.65, which bested the previous record, 1:56.82, set by Rachel Naurath (NOVA) last year. This is also a new Open 200 Butterfly record, besting the previous record, 1:56.82, set by Rachel Naurath (NOVA) last year.
- **Rebecca Rainer** (NOVA) set a new LSC Record in the 17-18 100 Breaststroke, with a time of 1:01.43, which bested her previous record, 1:02.18, set last year.
- **Rebecca Rainer** (NOVA) set a new LSC Record in the 17-18 200 Breaststroke, with a time of 2:09.99, which bested her previous record, 2:14.25, set last year. This is also a new Open 200 Breaststroke record, besting her previous record, 2:14.25, set last year.
- **Rebecca Rainer** (NOVA) set a new LSC Record in the 17-18 200 Individual Medley, with a time of 2:00.77, which bested the previous record, 2:01.43, set by Natalie Griffith (CGBD) in 1999. This is also a new Open 200 Individual Medley record, besting the previous record, 2:00.86, set by Katy Arris (ODAC) in 1987!
- **Rebecca Rainer** (NOVA) set a new LSC Record in the 17-18 400 Individual Medley, with a time of 4:11.397, which bested the previous record, 4:14.91, set by Danielle LeClair (NOVA) in 2005.
- **Jacob Siar** (CCA) set a new LSC Record in the 15-16 100 Backstroke, with a time of 50.05, which bested the previous record, 50.09, set by Nick Lloyd (RAYS) in 2005.
- **Jacob Siar** (CCA) set a new LSC Record in the 15-16 200 Backstroke, with a time of 1:45.77, which bested the previous record, 1:47.61, set by Josh Friedel (RAYS) in 2008.
- **Thomas Stephens** (NOVA) set a new LSC Record in the 17-18 200 Butterfly, with a time of 1:47.14, which bested the previous record, 1:47.35, set by Ian Vogt (NOVA) in 2007.
- **Anthony Zoldork** (VACS) set a new LSC Record in the 15-16 400 Individual Medley, with a time of 3:56.13, which bested the previous record, 3:56.68, set by Bo Greenwood (NOVA) in 1998.
- **NOVA Women** (A. Haulsee, A. Brown, S. Justis, A. Titley) set a new LSC Record in the 17-18 800 Free Relay, with a time of 7:17.36, which bested the previous record, 7:17.90, set by NOVA last year. This is also a new Open 800 Free Relay record, besting the previous record, 7:17.90, set by NOVA last year.
- **NOVA Women** (S. Justis, R. Rainer, E. Nunn, A. Titley) set a new LSC Record in the 17-18 400 Medley Relay, with a time of 3:41.96, which bested the previous record, 3:44.11, set by NOVA last year. This is also a new Open 800 Free Relay record, besting the previous record, 3:44.11, set by NOVA last year.

YMCA SC Nationals – April 2011

- **Susanna White** (LY) set a new LSC Record in the 17-18 200 IM with a time of 1:58.90 breaking the record of 2:00.77 set just a month before by Rebecca Rainer. This is also a new LSC Open Record.

2011 SC Senior Meet accomplishments

SENIOR CHAMPS

- *Team: Top Ten Overall

1 NOVA OF VIRGINIA AQUATICS, INC	1741.5
2 POSEIDON SWIMMING INC	901.5
3 QUEST SWIMMING	790
4 RAPPAHANNOCK Y SWIM TEAM	599
5 OLD DOMINION AQUATIC CLUB	598.5
6 COAST GUARD BLUE DOLPHINS	589
7 QDD SWIM TEAM	410
8 CARTER CENTER AQUATICS	390
9 WILLIAMSBURG AQUATIC CLUB	258
10 TIDE	189

**This has been corrected to include points not properly credited in the W 200 back*

Women - Team Scores - Large

1 NOVA OF VIRGINIA AQUATICS, INC	1096.5
2 OLD DOMINION AQUATIC CLUB	493.5
3 POSEIDON SWIMMING INC	463.5
4 COAST GUARD BLUE DOLPHINS	295
5 RAPPAHANNOCK Y SWIM TEAM	227.5
6 QDD SWIM TEAM	170
7 TIDE	28

Men - Team Scores - Large

1 NOVA OF VIRGINIA AQUATICS, INC	648
2 POSEIDON SWIMMING INC	438
3 RAPPAHANNOCK Y SWIM TEAM	371.5
4 COAST GUARD BLUE DOLPHINS	294
5 QDD SWIM TEAM	240
6 TIDE	161
7 OLD DOMINION AQUATIC CLUB	91

Women - Team Scores - Medium

1 QUEST SWIMMING	456
2 CARTER CENTER AQUATICS	213
3 H2OKIE AQUATICS	105
4 VIRGINIA YMCA AQUATIC CLUB	31
5 WILLIAMSBURG AQUATIC CLUB	25
6 BATTLEFIELD AREA STAR SWIMMERS	24
7 BURKWOOD AQUATIC CLUB, INC	12
3 VALLEY SWIM TEAM-PHOENIX	7

Individual: Top Ten

Women

Alison Haulsee NOVA	103	Ben Colley WAC	107
Kaitlin Jones QSTS	89	Josh Friedel RAYS	107
Alaina Brown NOVA	87.5	Morgan Latimer PSDN	96
Anne Drummond PSDN	82	Michael Covert QSTS	95
Rebecca Rainer NOVA	80	William Nicely QSTS	86
Amanda Carner CGBD	78	Mike Camper RAYS	80
Sarah White ODAC	73	John Denning TAC	74
Kayla Iverson QSTS	65	Thomas Stephens NOVA	73
Emma Nunn NOVA	63	Christian Vivadelli NOVA	68
Blair Carnes NOVA	63	Gregory Stoffa QDD	67

Men

9 SHARKS SWIM TEAM	5
10 TIDEWATER AQUATIC CLUB	4

Men - Team Scores - Medium

1 QUEST SWIMMING	334
2 WILLIAMSBURG AQUATIC CLUB	233
3 CARTER CENTER AQUATICS	177
4 TIDEWATER AQUATIC CLUB	140
5 BURKWOOD AQUATIC CLUB, INC	127
6 BATTLEFIELD AREA STAR SWIMMERS	122
7 STAFFORD AQUATICS TEAM	52
8 SOUTH EASTERN VIRGINIA AQUATIC	32
9 H2OKIE AQUATICS	18
10 SHARKS SWIM TEAM	12
11 TRI-CITY AQUATIC CLUB	11

Women - Team Scores - Small

1 LIFETIME AQUATIC SWIM ORG	32
2 WAYNESBORO YMCA SWIM TEAM	9

Men - Team Scores - Small

1 FORK UNION AQUATIC CLUB	122.5
2 VIRGINIA ASSOCIATION FOR COMPE	56.5
3 HARGRAVE AQUATICS	12
4 TSUNAMI SWIMMING	8
5 LIFETIME AQUATIC SWIM ORG	7.5

NCSA JUNIOR NATIONALS

Combined: 2nd place – NOVA, 15th place – QSTS
Women: 1st place – NOVA, 11th place – QSTS, 15th ODAC
Men: 7th place – NOVA, 8th place – CCA
Individual High Point Women: 2nd – Rebecca Rainer, 4th – Allison Haulsee
Individual High Point Men: 7th – Thomas Stephens

SECTIONALS

Combined: 7th – CCA, 10th – RAYS, 15th – TIDE
Women: 4th – CCA, 12th – GATR
Men: 5th – RAYS, 8th – WAC
Individual High Point Women: 8th – Alexandria Horn, 9th Kelsey Holmgaard
Individual High Point Men: 1st – Ben Colley, 5th Josh Friedel

YMCA NATIONALS

Combined: 15th – LY
Women: 17th – LY, 21st – SMAC
Men: 15th – LY

LONG COURSE SENIOR CHAMPS 2011

At Triangle Aquatic Center in Cary, NC.

If you have not already made hotel arrangements you should do so IMMEDIATELY. There is also a large soccer tournament that weekend in Cary.

Current costs look to come in around \$18,100. Lynchburg will do hospitality again.

SENIOR CHAMPS

No changes in Sr Champ Qualifying times for next year.

It was recommended to the Safety committee to allow the use of training aids in designated lanes (not in the competition pool) during warm-ups at the meet referee's discretion. This would be dependent on facility and space.

Beginning with 2011 LC Sr Champs, there will be one entry deadline date – Monday, 11:59pm prior to the meet beginning on Thursday.

Relays times must be from a time achieved during the qualification period or swimmer aggregate times from swimmers entered in the meet.

OLYMPIC TRIAL QUALIFIERS

Currently have 21 VSI swimmers who have qualified for Olympic Trials. Below is a list of high school swimmers qualified:

Madison Hahn (ODAC) (100 back)
Rebecca Rainer (NOVA) (100 breast, 200 breast, 400 IM)
Blair Carnes (NOVA) (200 breast)
Alison Haulsee (NOVA) (200 fly)
Emma Nunn (NOVA) (200 fly)
Thomas Stephens (NOVA) (200 free)
Alex Vance (CCA) (200 breast)
Morgan Latimer (PSDN) (200 fly)

College swimmers:

Lauren Perdue (UVA) (50 free, 100 free, 200 free)
Rebecca Jones (AUB) (100 free)
Rachel Naurath (UVA) (100 free, 200 free, 400 free, 100 fly, 200 fly, 400 IM)
Katya Bachrouche (UVA) (400 free, 400 IM)
Peter Geissinger (UVA) (50 free, 100 free, 200 free, 100 fly)
Jameson Hill (UGA) (100 free, 200 free, 400 free, 1500 free)
Peter Benner (UGA) (son of QDD coach Rick Benner) (200 free, 200 IM, 400 IM)
Tyler Harris (UNC) (400 free, 200 breast, 200 IM, 400 IM)
Tom Sheranek (VT) (100 back, 200 back)
Sam Rairden (TEN) (100 back)
Todd McGraw (UGA) (200 fly)
Matt Houser (UVA) (200 IM, 400IM)
Alexander Lutterbein (UVA) (400 IM)

OTHER NOTES

The Senior Committee strongly endorsed Brian Kupferer as Senior Chair.

Draft proposal for Senior Circuit meet was presented to Sr. Committee for review and discussion. (attached). Not a significant amount of support for the meets at the meeting. Most are taking a wait and see approach