

VSI Safety Committee Report January 4, 2007

Members of the VSI Safety Committee now include David Strider, Rosie Schiavone, Doug Childress, Bob Hood, Rachel Brown (athlete rep.), Scott Baldwin (Coach Rep.), and Steve Woolfolk (Current Chair). We still need at least 2 more members to have a full committee. Anyone interested being on the committee should contact Steve Woolfolk at woolfolks@aol.com.

Since September 1st, there have been 13 reported VSI related accidents. Eight of these accidents have occurred in the water, 2 on the pool deck, 1 outside the facility, 1 in the bleachers, and 1 in the restroom. Coaches, meet directors, and referees need to be sure to write up an accident report if there is an occurrence at a swim meet or practice in any facility located in the LSC. These reports also need to be forwarded to the Safety Chair for VSI, as well as USA Swimming and the Risk Management Company. The address of the above listed are on the safety occurrence form. It would be a great help if it could be noted when sending in the report to the Safety Chair if the other copies were sent as well. Also, all persons using the accident/illness occurrence forms should print from the VSI website, the most recent form revised (9/07) that is now on the site [http://virginiaswimming.com/LSC Operations/Safety/ROO Form - 2007.pdf](http://virginiaswimming.com/LSC%20Operations/Safety/ROO%20Form%20-%202007.pdf)

Safety topics since September include Caution with Use of Muscle Creams, Shallow Water Diving, Facts and Safety About MRSA, Injuries From Falls, and Heart Attack, Stroke, and Cardiac Arrest Signs and Symptoms.

Anyone with ideas for the safety committee to work on or suggestions for monthly tips should contact the Safety Chair at woolfolks@aol.com.

Respectfully submitted

Steve Woolfolk
Safety Chair